

# Summer Equipment Loan Program

Did you know the Truro Parks, Recreation & Culture Department has a Summer Equipment Loan Program?!

Item list: Washer Toss, Bocce Ball, Yard Jenga, Lawn Checkers, Lawn Chess, Skipping Ropes, Parachute, Yoga Mats, Small Pylons, Flag Rugby, Ladder Ball, Giant Badminton Rackets, Frisbees, Ring Toss, Flying Ring Golf, Litter Pickup Kits.

Scheduled Self- Pickup / Return - Douglas Street Recreation Centre (40 Douglas Street) \*\*Please call the Douglas Street Recreation Centre at 902-893-6078 to make an appointment to reserve and set up a pickup time.

Pickup: Thursday or Friday between 8:30am - 4:30pm  
Return: Monday between 8:30am - 4:30pm



Truro Parks  
Recreation & Culture

40 Douglas Street, Truro  
902-893-6078  
www.truro.ca



## Summer Kickoff Activity Guide!

We have created an activity guide that will help residents kickoff Summer by getting outside, being active and celebrating.



## Summer Kickoff Activity Kits

If you are looking to enjoy some activities, the Town of Truro Parks, Recreation and Culture Department has created a limited number of Summer Kickoff Activity Kits, with the supplies needed to have some fun at home. For more information on these kits / activities, please visit the Truro Parks Recreation Culture Facebook page. To pickup an Activity Kit please call the Douglas Street Recreation Centre at 902-893-6078 to make an appointment to reserve and set up a pickup time.

## Balloon Stomp

Each participant ties a balloon to their ankle with string. Within your set boundaries participants must try to stomp and bust the balloon of their opponents.

Items you will need:

- one balloon per person.
- one piece of string per person.



## Balloon Tennis

Who doesn't love a friendly game of tennis? Let's make it a little tricky by using a balloon instead of a tennis ball.

Items you will need:

- one balloon.
- two paper plates.
- tape or glue (an adhesive).
- large popsicles sticks.

Make your own tennis racket by adhering a large popsicle stick to the back of a plate.

## Nature Scavenger Hunt

Take some time with your bubble to find the following items:



- |  |   |
|--|---|
| <input type="checkbox"/>  Flower    | <input type="checkbox"/>  Butterfly    |
| <input type="checkbox"/>  Water     | <input type="checkbox"/>  Grass        |
| <input type="checkbox"/>  Tree      | <input type="checkbox"/>  Green Leaf   |
| <input type="checkbox"/>  Spiderweb | <input type="checkbox"/>  Brown Leaf   |
| <input type="checkbox"/>  Bug       | <input type="checkbox"/>  Ant          |
| <input type="checkbox"/>  Rocks     | <input type="checkbox"/>  Fern         |
| <input type="checkbox"/>  Bird      | <input type="checkbox"/>  Cloud        |
| <input type="checkbox"/>  Tree Bark | <input type="checkbox"/>  Sand or Dirt |

## Explore a Trail / Playground / Park or Greenspace

We are extremely lucky to have so many beautiful trails, playgrounds, and parks / greenspaces to explore.

**\*\*Please ensure to practice social distancing and follow the spaces posted rules\*\***

## Learn Something about Canada

Take some time to learn some new facts about Canada. The Colchester-East Hants Public Library has some great resources to complete this activity. Check them out on Facebook or on their website at [www.lovemylibrary.ca](http://www.lovemylibrary.ca)

## StoryWalk at Kiwanis Pond - 39 Juniper Street

Our friends from the Colchester-East Hants Public Library have installed a StoryWalk at Kiwanis Pond. Enjoy reading "The Thing Lou Couldn't Do" by Ashley Spires as you stroll along from one page to the next around the pond.